

Star Ruby

Facing East, in the centre, draw deep deep deep thy breath closing thy mouth with thy right forefinger prest against thy lower lip. Then dashing down the hand with a great sweep back and out, expelling forcibly thy breath, cry APO PANTOS KAKODAIMONS

With the same forefinger touch thy forehead, and say SOI, thy member, and say O FALLE, thy right shoulder, and say ISCHUROS, thy left shoulder, and say EUCHARISTOS; then clasp thine hands, locking the fingers, and cry IAO. Advance to the East. Imagine strongly a Pentagram, aright, in thy forehead. Drawing the hands to the eyes, fling it forth, making the sign of Horus and roar THERION.

Retire thine hand in the sign of Hoor-paar-Kraat.

Go round to the North and repeat; but say NUIT.

Go round to the West and repeat; but whisper BABALON.

Go round to the South and repeat; but bellow HADIT. Completing the circle widdershins, retire to the centre and raise thy voice in the Paian, with these words IO PAN, with the signs of N.O.X.

Extend the arms in the form of a Tau and say low but clear:

PRO MOU IUGGES
OPISO MOU TELETARCAI
EPI DEXIA SYNOCEIS
EPARISTERA DAIMONES
FLEGEI GAR PERI MOU O ASTHR TON PENTE
KAI EN THI STHLHI
O ASTHR TON EX ESTHKE

Repeat the Cross Qabalistic, as above, and end as thou didst begin.

1. The secret sense of these words is to be sought in the numeration thereof.